

2021 American Society of Clinical Oncology (ASCO) Annual Meeting

New Data from Head-to-head and Long-term Follow-up BTK Inhibitor Trials Clarify Choices in CLL

Virtual Meeting – A head-to-head trial of two commonly used small molecule inhibitors for the control of previously-treated chronic lymphocytic leukemia (CLL) has provided clarity about the relative strengths of these agents. With monoclonal antibodies and targeted drugs largely displacing conventional chemotherapy in early and late stages of CLL treatment, the trial has addressed an important need for objective data on relative strengths of proliferating treatment options. The trial, called ELEVATE-RR, demonstrates that a new generation Bruton tyrosine kinase (BTK) inhibitor is better tolerated than the original agent in this class while exhibiting similar efficacy. Long-term data from a second trial, ELEVATE-TN, reinforces the efficacy and safety messages in the first-line setting.

The ELEVATE-RR trial is the first to directly compare two BTK inhibitors in previously treated CLL. In this trial, 533 treatment-experienced CLL patients were randomized to 100 mg twice-daily acalabrutinib, a more recently approved new generation BTK inhibitor, or 420 mg once-daily of the first generation BTK inhibitor, ibrutinib. Designed to demonstrate non-inferiority for the primary endpoint of progression-free survival (PFS), the hierarchical design revealed a marked advantage for the newer BTK inhibitor in regard to several adverse events of great concern seen with first-generation BTK inhibition.

BTK Inhibitors Differ for Adverse Events

Relative to ibrutinib, “acalabrutinib demonstrated lower frequencies of common adverse events, grade 3 or higher adverse events, serious adverse events, and treatment discontinuations due to adverse events overall,” reported Dr. John C. Byrd, Chair of Leukemia Research, Ohio State University College of Medicine, Columbus. The results are consistent with the study hypothesis, which was that the greater selectivity of acalabrutinib for the BTK target would reduce risk of off-target effects, thereby improving tolerability.

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For enrollment in the trial, patients were required to have previously treated CLL, an ECOG performance status of ≤ 2 , with presence of 17p deletion (del(17p)) or presence of 11q deletion (del(11q)). Preplanned stratifications for outcomes included the presence versus the absence of del(17p), three or fewer versus ≥ 4 prior lines of therapy, and a performance status of ≤ 1 versus 2. Patients with prior exposure to a BTK inhibitor or venetoclax, a BCL-2 inhibitor, were excluded.

Hierarchical Design Based on Non-Inferiority

According to the hierarchical design of ELEVATE-RR, non-inferiority for PFS had to be demonstrated before the validation of secondary endpoints was permitted. In addition, the superiority of each of the four secondary endpoints, which were atrial fibrillation or flutter (AF/flutter), grade ≥ 3 infection, Richter transformation (RT), and overall survival (OS), then had to be met in order. In other words, the rate of grade ≥ 3 infection could not be considered if superiority was not first shown on AF/flutter. In turn, rate of RT or OS could not be considered without superiority first being shown for grade ≥ 3 infection.

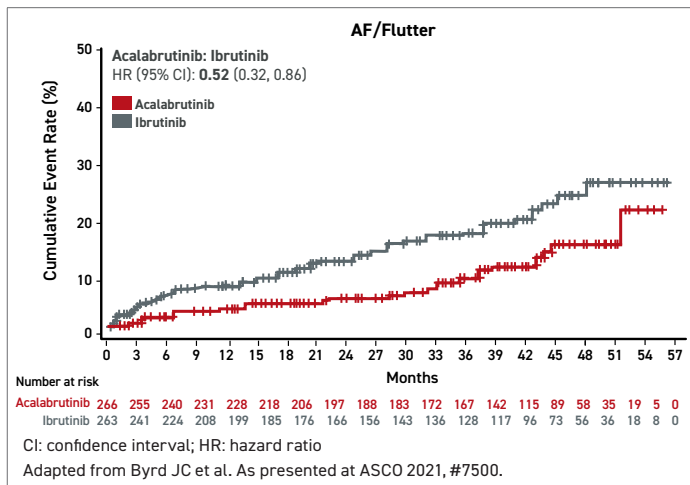
The two BTK inhibitors performed comparably for the primary endpoint of PFS, which was confirmed by an independent review committee. After a median follow-up of 40.9 months, the median PFS was 38.4 months in both arms, producing a hazard ratio (HR) of 1.0 or equivalency as defined statistically, according to Dr. Byrd.

There were no significant differences across any of the predefined stratifications, including baseline performance status, presence of del(17p), or number of prior therapies. Nor were significant differences seen for the ≥ 65 age group relative to those < 65 , females relative to males, those with bulky disease (defined as 5 cm or larger) relative to non-bulky disease, or the presence versus the absence of mutations in the immunoglobulin heavy chain variable (IGHV) region.

Atrial Fibrillation/Flutter Rates Significantly Lower

With non-inferiority proven for PFS, superiority then was evaluated for acalabrutinib relative to ibrutinib for the endpoint of AF/flutter. The event rate per 100 person-months on acalabrutinib was about half of that seen in the ibrutinib arm (0.366 vs. 0.721; $P=0.02$) (Figure 1). Among patients without prior history of AF/flutter, the rate was nearly 60% lower (6.2% vs. 14.9%).

FIGURE 1 | ELEVATE-RR: Lower Cumulative Incidence of Any-grade Atrial Fibrillation/Flutter



No case of AF/flutter led to treatment discontinuation in the acalabrutinib arm versus 16.7% of these events in the ibrutinib group. In those that did develop AF/flutter, the median time to onset from the start of treatment was 16 months on ibrutinib versus 29 months on acalabrutinib.

There are so far no significant differences between study arms for the remaining secondary endpoints. For grade ≥3 infections, the rates were 30.8% and 30.0% for acalabrutinib and ibrutinib, respectively. For RT, the numerically lower rate in the acalabrutinib group (3.8% vs. 4.9%) did not reach significance. Similarly, the rate of death in the follow-up to date has been lower on acalabrutinib (23.5% vs. 27.5%), but confidence intervals exceed bounds of significance (HR 0.82, 95% CI 0.59 – 1.15).

Fewer Deaths Due to Adverse Events

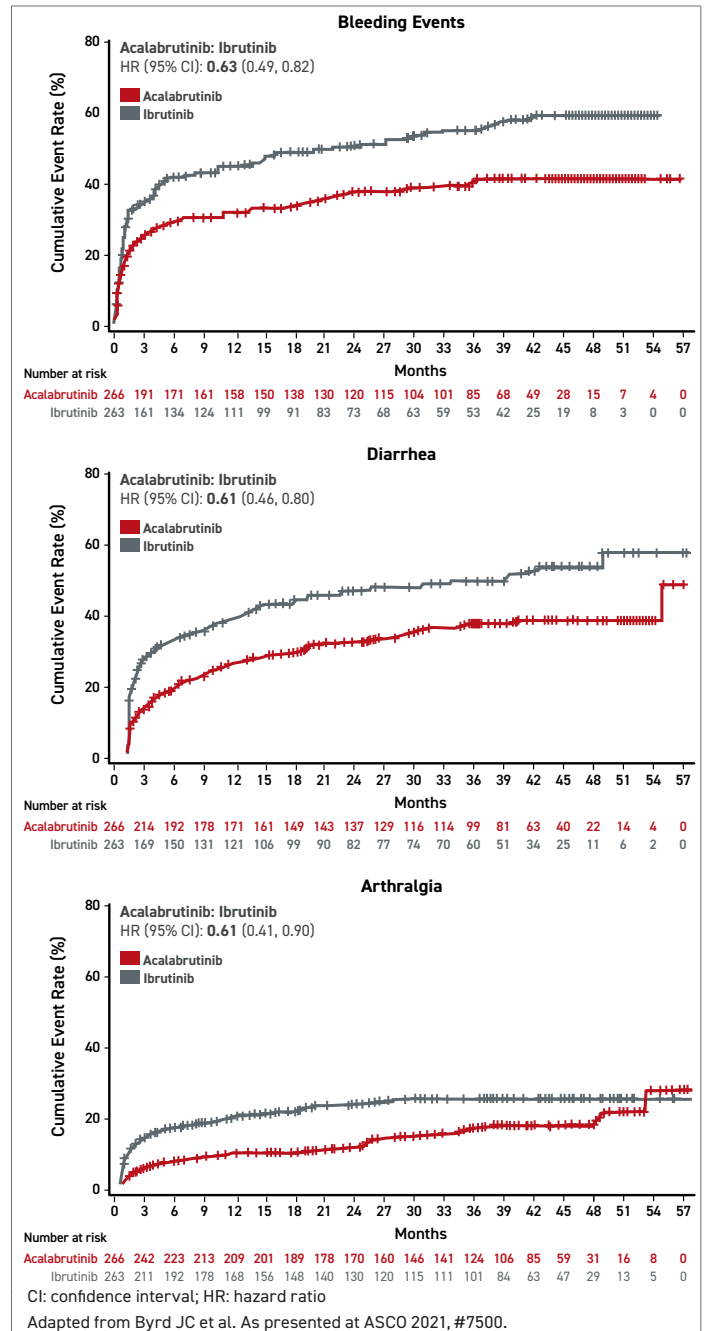
The overall safety summary favoured acalabrutinib. This includes lower rates of grade ≥3 adverse events of any kind (68.8% vs. 74.9%), serious adverse events (53.8% vs. 58.6%), adverse events leading to treatment discontinuation (14.7% vs. 21.3%), and deaths attributed to adverse events (6.4% vs. 9.5%).

Besides AF, the most common adverse events of any grade that were more common on ibrutinib include diarrhea (46.0% vs. 34.6%), arthralgia (22.8% vs. 15.8%), hypertension (22.8% vs. 8.6%), and confusion (18.3% vs. 11.1%) (Figure 2). Headache (20.2% vs. 34.6%) and cough (21.3% vs. 28.9%) were less common on ibrutinib. Of grade ≥3 adverse events that occurred in 5% or more of patients, diarrhea (4.9% vs. 1.1%) and hypertension (8.7% vs. 4.1%) were more common on ibrutinib, but no grade ≥3 side effect of this frequency was more common on acalabrutinib.

Bleeding events of any kind (51.3% vs. 38.0%) were more common on ibrutinib, but the difference was not significant for grade ≥3 bleeding events. Other than AF/

flutter, the difference in cardiac events did not reach statistical significance, although grade 3 or greater events were numerically higher in the ibrutinib arm of the study (9.5% vs. 6.6%).

FIGURE 2 | ELEVATE-RR: Lower Cumulative Incidences of Any-grade Bleeding, Diarrhea and Arthralgia Events



The baseline characteristics of the population enrolled in ELEVATE-RR were typical of previously treated CLL patients. About 70% were male, and the median age was 66 years. Most patients had cytogenetic abnormalities. This included about 45% with del(17p), 60% with del(11q), 40% with mutated TP53, 47% with complex karyotype, and more than 80% with unmutated IGHV. In this group with advancing age, tolerability is an important consideration, according to Dr. Byrd.

BTK Selectivity Appears to Explain Differences

Relative to acalabrutinib, “ibrutinib binds to more non-BTK kinases, which likely contributes to the risk of adverse events,” said Dr. Byrd, citing several studies on the role of BTK selectivity for reduced risk of adverse events. While Dr. Byrd called the BTK target “critical for CLL tumor cell proliferation and survival,” selectivity is relevant to lower rates of treatment discontinuation and the potential for better quality of life over the course of maintenance therapy.

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The take home message from the ELEVATE-RR trial is that acalabrutinib in previously treated CLL “has similar efficacy but it is safer and better tolerated than ibrutinib,”

Dr. Byrd concluded. He suggested these data are useful for guiding therapeutic decisions.

ELEVATE-TN: 47-month Data Predict Long-term Advantages

Long-term safety was also one of the themes of the new 4-year data from the ELEVATE-TN trial. In that trial, 535 treatment-naïve CLL patients were randomized to acalabrutinib alone, acalabrutinib plus obinutuzumab, or obinutuzumab plus chlorambucil. At the time the trial was initiated, chlorambucil and obinutuzumab, which is a CD-20 targeted monoclonal antibody that inhibits B cells, was one of several commonly used regimens.

In previously reported results after a median of 28 months of follow-up, acalabrutinib with or without obinutuzumab had already demonstrated greater efficacy and acceptable tolerability relative to obinutuzumab and chemotherapy. At that time, the median PFS was 27.8 months in the group receiving chemotherapy but had not been reached in either arm that received acalabrutinib.

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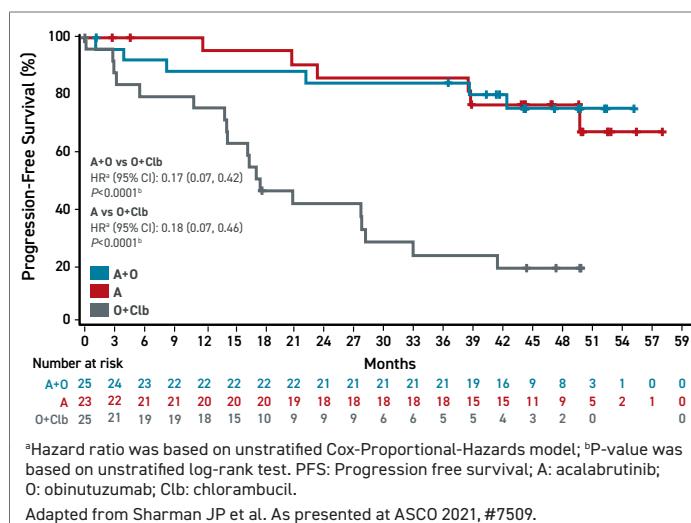
Dr. Jeff Sharman, Director of Research, Willamette Valley Cancer Center, Eugene, Oregon.

Rather, disease control rates remain very high with progression-free status maintained in 87% of those in the combination arm and 78% of those in the acalabrutinib monotherapy arm. PFS findings were consistent across high-risk subgroups. In the subgroup of patients with del(17p) or mutated TP53, 75% and 76% are progression-free (Figure 3). For the comparison to the arm with obinutuzumab plus chemotherapy, the relative improvement in PFS was 90% (HR 0.10, 95% CI 0.07 – 0.17) for the acalabrutinib/obinutuzumab combination and 81% (HR 0.19; 95% CI 0.13 – 0.28) for acalabrutinib alone.

Safety Unchanged in Long-term Exposure

After four years of follow-up, the safety of acalabrutinib alone or in combination with obinutuzumab “remains consistent with the interim findings, including low incidences of AF, hypertension, and cardiovascular events,” according to Dr. Sharman. He reported that the relative tolerability of acalabrutinib alone and in combination with the B-cell inhibitor is reflected in discontinuation rates.

FIGURE 3 | ELEVATE-TN: Investigator-assessed PFS in Patients with del(17p) and/or Mutated TP53



At progression, patients in the arm receiving chemotherapy were permitted to crossover to acalabrutinib, but 14.7% of these patients had discontinued therapy due to an adverse event prior to disease progression. In contrast, the discontinuation rates after four years of exposure to acalabrutinib as part of a combination or use alone were only 12.8% and 12.3%, respectively.

[Safety of acalabrutinib alone or in combination with obinutuzumab] remains consistent with the interim findings, including low incidences of AF, hypertension, and cardiovascular events.

For obinutuzumab plus chlorambucil versus obinutuzumab plus acalabrutinib, infusion site reactions (40.2% vs. 14.0%), nausea (31.4% vs. 23.0%) and neutropenia (45.0% vs. 33.7%) were more common. Diarrhea (21.3% vs. 41.0%), headache (11.8% vs. 39.9%) and fatigue (17.8% vs. 28.1%) were less common. Infections were the only grade ≥3 adverse event occurring in more than 10% of patients randomized to acalabrutinib monotherapy (16.2%) or acalabrutinib/obinutuzumab (23.6%). The rate in the obinutuzumab/chlorambucil arm was 8.3%.

Deeper Responses with BTK Inhibitor Arms Promise Flexibility

However, relative efficacy was the most important finding in ELEVATE-TN. In addition to the PFS advantage (HR 0.58; P=0.0297), there were deeper responses

among those who received acalabrutinib. For example, complete response rates were 30.7% in the acalabrutinib plus obinutuzumab group versus 13.0% in the arm receiving chemotherapy. The proportion of these groups achieving minimal residual disease were 38% and 9%, respectively.

"Fewer deaths were observed on the acalabrutinib/obinutuzumab arm, but the difference is not statistically significant," Dr. Sharman reported.

While many of the outcomes numerically favoured obinutuzumab/acalabrutinib over acalabrutinib monotherapy at four years, the differences were modest, according to Dr. Sharman. He said that data from ELEVATE-TN "demonstrate the flexibility of acalabrutinib to be tailored as either a monotherapy or in combination therapy with obinutuzumab in the front-line setting."

Conclusion

The newer, more selective BTK inhibitor acalabrutinib, designed with greater selectivity for the BTK target, is at least as effective but better tolerated than the first generation BTK inhibitor, ibrutinib, according to a head-to-head trial conducted in previously treated patients with CLL. The trial, which might be relevant to other settings, supports the hypothesis that fewer off-target effects from greater selectivity improve tolerability. Long-term follow-up data with acalabrutinib with or without obinutuzumab in treatment-naïve CLL patients reinforces the acceptable safety profile of this therapy and its efficacy for sustained disease control with nearly 90% of patients surviving without progression at the end of four years. ●

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